



GRANDHOTEL
SCHLOSS BENSBERG
ALTHOFF COLLECTION

Beauty & Spa Selection of Services

*Dive in to a world of relaxation,
vitality and well-being...
Welcome*

to the Beauty & Leading Spa Grandhotel Schloss Bensberg

Face & cleavage

Facial massage

During this treatment the facial musculature is loosened, tension is released and blockages are relieved. The result is complete and utter relaxation and thus a more vital appearance after only a short time. Cleansing, facial massage and final treatment.

25 minutes: € 50.00

Make-up & make-up consultation

Make the most of your appearance. Our make-up consultation service will give you professional tips on how to underline your personality in the best possible way.

60 minutes: € 95.00

Day make-up: € 30.00

Evening make-up: € 45.00

Eyelash colouration: € 15.00

Eyebrow colouration: € 8.00

Eyebrow plucking: € 10.00

Bride make-up: € 120.00

(consultation, make-up trial, make-up finish)

Collagen fleece

This fleece mask soaks your skin with precious substances, the skin is positively "bolstered up". Signs of fatigue and stress will disappear in an instant.

Cleansing, fleece mask and final treatment.

30 minutes: € 60.00

(as part of a booked treatment: € 45.00)

Ampullae

Insertion per ionto- or thermophoresis

€ 15.00 to 40.00

Oxygen treatment

With the help of a special appliance, oxygen is applied to your skin, which then freshens and vitalizes the tissue. Cleansing, oxygen treatment and final treatment.

30 minutes: € 65.00

(as part of a booked treatment: € 50.00)





Facial treatment with La Prairie

Caviar Crystalline

The latest, extraordinary facial treatment with selected substances from caviar and diamonds:

1 diamond drop • 1 precious moment • 1 rekindled sparkle

This treatment gives the skin back its perfect vibrancy. Dive in to the regeneration of your skin:

120 minutes: € 195.00

Pure Gold Radiance

The “gold” standard in anti-aging treatment. A serum with 24 carat gold visibly tautens and firms the skin, gives it a warm glow. Extraordinary masks provide a comprehensive feeling of well-being. Enjoy a golden treatment.

120 minutes: € 180.00

Caviar Firming

Pure luxury with real caviar distinguishes this very special treatment. Immediate vibrancy and firming are the gift that this treatment brings with it. Pearls of caviar, a relaxing eye and face massage as well as the two-phase caviar mask give a tired complexion back its perfect radiance, just like after a short vacation.

90 minutes: € 165.00

Cellular Hydrating

This intensive treatment causes sensational results with stressed and tired skin. Moisture and energy for the skin, the “Cellular Cycle” ampullae from the effective La Prairie treatment will comprehensively revitalise the skin.

90 minutes: € 155.00

Swiss Cellular De-Aging

The solution against aging skin. It encompasses an efficient, gentle peeling with selected ingredients and the exclusive treatment specialties from La Prairie to effectively alleviate dry wrinkles and creases.

90 minutes: € 155.00

Swiss Cellular Purifying

Find the perfect balance for over-active and unbalanced skin. The pores are refined, and after the treatment the skin is matted and pure.

90 minutes: € 155.00

Swiss Cellular Resurfacing

Deep penetrating treatment for skin regeneration and refinement of the skin structure. Diamond dust and finely ground freshwater pearls in the Cellular Microderm Abrasion Cream bring out new skin.

90 minutes: € 155.00

Pressure Relief

This treatment with the reflexology technique has a threefold effect:

It combats the effects of jetlag and daily stress by reducing toxins, brings your inner energy into balance and relieves stress. Giving you the feeling of levitating relaxation.

90 minutes: € 155.00





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Facial treatment with La Prairie

After Sun

This special treatment counteracts the impact of sun and weather influences and reduces weather-related skin irritations.

75 minutes: € 125.00

Beauty Express

Perfection in less than an hour! Designed for stressed people that are looking to become fresh and fit again quickly. Including head massage.

55 minutes: € 120.00

Swiss Cellular for men

The pampering and regenerating treatment specifically for men. Depending on the individual requirements, it focuses on the deep cleansing or soothing of the skin.

60 minutes: € 120.00

Facial treatment with Niance

Clear glacier power for pure anti-aging. This new line of treatment is an insider tip and contains the "Swiss Glacier Complex", exclusively protected for Niance. This complex comes together with substances from the untouched Swiss Alps and the latest bio-technological ingredients to provide an innovative multi-anti-aging effect.

All Niance treatments include:

- ♦ *A special breathing exercise*
- ♦ *Niance mineral water*
- ♦ *Swiss Mountain Elixir*
- ♦ *The magical power of the Niance rock crystal*
- ♦ *Especially developed massage techniques*

For ladies:

Glacier Power Intensive Facial

Nurturing and calming intensive treatment, supplies the skin with moisture, nutrients and vitamins. Fine wrinkles that are caused by dryness are reduced and the area around the eyes gets back that beaming, alert expression. Mild skin irritations are eliminated. Especially recommended for unbalanced skin that reacts quickly to environmental influences and changes of climate.

60 minutes: € 115.00

Premium-Glacier-Facial Deluxe

This treatment provides firmness and suppleness. The skin is provided with essential micro-nutrients that accelerate the skin's natural repair function. Wrinkles and creases are erased, and signs of fatigue and fragility are eliminated. Especially recommended for mature skin, which lacks suppleness, vitality, firmness and/or moisture.

120 minutes: € 145.00





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Facial treatment with Niance

For men:

Men Glacier-Force-Ultra

The effective turbo treatment for men. Invigorates the tissue, provides moisture and improves the suppleness of the skin. Especially recommended for dry, dehydrated skin and for gentlemen who wish to treat their skin to something good, quickly and comprehensively.

30 minutes: € 60.00

Men Multi-Action-Glacier-Power

The anti aging treatment for demanding men, including special eye treatment. The skin becomes firm, taut and elastic. Especially recommended for stressed, demanding and worn skin.

60 minutes: € 110.00

Facial treatment with St. Barth

The uncomplicated and comprehensive product line from the Caribbean, with exquisite ingredients from fruits and plants.

For men and women:

Pureness

Experience an exceptionally soft treatment for face, neck, cleavage and hands. The fresh scents of natural eloxadising substances will remind you of a Caribbean fruit basket.

75 minutes: € 115.00

Freshness

Experience intensive treatment of face, neck, cleavage and hands with a special feature: the effects of the high-grade herbal care products with natural vitamins and minerals are additionally supported by fresh fruit that is prepared in front of you to make a special mask.

75 minutes: € 125.00





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Hands & feet

In the spa of the Grandhotel Schloss Bensberg the treatment of hands and feet becomes a regal experience. The treatment includes peeling and a special massage of hands and feet respectively, as well as treatment for smooth and firm texture:

Manicure Royal	60 minutes:	€ 60.00
Manicure Royal with French varnish	75 minutes:	€ 75.00
Pedicure Royal	60 minutes:	€ 65.00
Pedicure Royal with French varnish	75 minutes:	€ 80.00
Treatment for smooth and firm hands or feet		€ 30.00

Body treatment

Classic partial massage	25 minutes:	€ 55.00
Classic total body massage	50 minutes:	€ 85.00
Cosmetic partial massage	25 minutes:	€ 50.00
Cosmetic total body massage	50 minutes:	€ 80.00

Lymphatic drainage

The lymph channels are worked on in draining movements with very gentle touching actions so that the lymph stream is activated.

50 minutes: € 90.00

Shiatsu

From the traditional Japanese massage technique that makes energy flow by means of gentle pressure and mild stretching. Often the deep relaxation can lead to an improvement of modern ailments such as tension headaches and back disorders.

60 minutes: € 95.00

Reiki

A gentle kind of energy balance and total relaxation through "laying on of hands".

50 minutes: € 85.00

Lomi-Lomi

An old Hawaiian type of massage where the massage is alternately carried out with hands and forearms. The massage technique alternates between being slow, gentle and flowing, and dynamic, strong and penetrating.

45 minutes: € 90.00





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Body treatment

Foot reflex zone massage

Pressure point treatment for feet that affects the entire organism.

50 minutes: € 75.00

Body brush massage

Your body is treated with brushes in gently rotating and brushing movements. This improves the skin's blood supply and accelerates the metabolism. The stimulating and refreshing brush massage distinctly refines the skin texture.

30 minutes: € 45.00

Body brush massage with ointment

45 minutes: € 60.00

Body treatment with La Prairie

Swiss Bliss

A fantastic 3-hour experience that makes you forget time. The method is based on the fundamentals of Caviar Firming treatment and leads to immediate results. Face and body are truly harmonized with this programme. It is effective from head to toe and provides the feeling of total relaxation and of complete well-being.

180 minutes: € 395.00

Caviar Body Treatment

Luxurious caviar is the basis of this constitutive and energy-dispensing total body massage. Vitality, firmness and even texture are the result.

90 minutes: € 155.00

Cellular Detoxifying Back

Intensive treatment of the back for him and her. This often neglected part of the body is cleansed and exfoliated. While waiting for the products to take effect, you can enjoy a pleasant hand and foot massage.

60 minutes: € 115.00





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Body treatment with St. Barth

Slimness

For rapid relief and relaxation of heavy legs, e.g. after long periods of standing, sitting or after long flights. A pleasant and de-blocking leg massage.

25 minutes: € 55.00

Softness

Peeling massage for tender, silky and smooth skin. The fruit enzymes of fresh papaya, natural yoghurt and a special mineralising sea sand complex remove the dead skin dander. Pure coconut oil nourishes the skin lastingly and pampers it with valuable nutrients. Ideal as preparation for an especially long-lasting and even tan.

25 minutes: € 55.00

Elasticity

Intensive body treatment to improve the skin texture through valuable minerals and vitamins. An exquisite body pack with clay, pineapple or cucumber mousse. Results in visibly improved and firm skin.

25 minutes: € 55.00

Harmony

Enjoy a gentle, pampering body massage with care products individually matched to your requirements.

60 minutes: € 90.00

Sensation

Noble body pack and pleasant massage. The pack provides a high degree of moisture and is a pleasure for all the senses. You choose your favourite scent of Bourbon vanilla, Tiare blossoms or exotic lilies. The ensuing massage completes the exotic relaxation and gives you silky soft skin.

60 minutes: € 105.00

Body treatment with Jeanne Piaubert

Jeanne Piaubert is the active wellness-treatment specialist, and achieves sensational results for all the senses with a balanced concentration of active substances and special techniques.

Energy Lymph Treatment	90 minutes:	€ 115.00
Relaxing Body Treatment	90 minutes:	€ 110.00
Light Legs Treatment	45 minutes:	€ 70.00





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Depilation

Face	from	€ 12.00
Legs up to the knees		€ 35.00
Complete legs		€ 60.00
Upper body		€ 60.00

Solarium

10 minutes	€ 10.00
15 minutes	€ 15.00
20 minutes	€ 17.00

*Opening hours: Monday to Sunday from 9am to 7pm
To make an appointment please call +49 (0) 22 04 / 42 19 70, in-house: 1970*

